



## FROM THE PRESIDENT



## COMMITTEE

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Peter Davenport

## Vice President

Kevin Fitzpatrick

## Imm. Past Pres.

Gerald Christmas

## Secretary

John Metcalf

## Treasurer

Hugh Seccombe

## Committee

Alan Ambler

Tony Bowra

Ross Bruwel

Richard Hannaford

Bob Pearce

James Ritchie

Barry Stone

Peter Turner

## OTHER ROLES

## 2Fifty Club

John Minnett

## Bowls

Peter Cornish

## Cashier

Philip Brook

John Hirst

## Cycling

Allan Blake

Stewart Horwood

## Golf

Tony Travers

John Pike

## Hon Auditor

David Lloyd

## Hospitality

Richard Hannaford

## Jim's Jaunts

Jim Holloway

## Meetings

Martin Grover

## Membership

Peter Turner

Stewart Horwood

## Minute Secretary

John Mattes

## Movies

David Bruce-Steer

## Music, Art

John Brooks

Gerald Christmas

## Newsletter

Peter Dee

## Postman

Bob Pearce

## Sailing

Ross Bruwel

## Speakers

Barry Stone

## Tennis

David Harris

## Tours, Outings

Tony Bowra

Bob Pearce

## Website

James Ritchie

## Welfare

Peter Cornish



**Dear fellow members, partners & visitors,**  
First of all, thank you to Kevin Fitzpatrick for deputising for me at the June and July meetings. I understand he did a good job and enjoyed it so much he's impatient for his turn to become President next year.

I was pleased to get back from overseas in time for the winter feast which I thought was a big success, the food was good, the setting perfect and of course the company made it.

That is what Probus is all about, enjoying the company of like-minded people.

I am very sorry to tell you that Rufus Wolfson has died and we wish to express our sympathy for Shirley and the Wolfson family at their loss. It is a testimony to the high regard in which Rufus was held in the Neutral Bay Probus Club that about thirty members attended his funeral.

Rufus manned the attendance desk with Martin Grover, he made sure that any new member was welcomed and introduced to other members. He learned every members name and included them in conversations if they seemed to be on their own. Everyone spoke of his kindness, his readiness to help in any activity and his quirky sense of humour. We will miss him, he was the consummate Probus member.

It's a policy of the Club that if any widow/partner wishes to continue to be associated with the Neutral Bay Probus Club that they be invited to do so, firstly as a visitor, then in accordance with the Club Constitution they can be elected as an honorary member. As Shirley has been a keen supporter of Club activities I hope that she welcomes this opportunity.

Unfortunately there is another issue which raises its head when members leave Probus. We have to start replacing them with more like minded people and try to reduce the average age at the same time. The best way to do this is to introduce the club to our friends, bring them along to a meeting and show them how we work, introduce them to other members and encourage them to join in the activities.

I went to a Northbridge Probus meeting 10 years before I joined the Neutral Bay branch, they were chalk & cheese. This club is more welcoming, more active in outings and has more interesting speakers. Let's keep it that way. I'm sure we all know someone who would benefit from joining Probus. Ask them to come along as we do not have a waiting list.

I'd like to draw your attention to the planned outings for August and September. Darlinghurst Gaol, ie the National Arts School, the visit to State Parliament House and the visit to the Australian Centre for Field Robotics at Sydney University. Unfortunately places are limited so I've missed out on a couple of outings I would have enjoyed. So get in early!

**Peter Davenport, President**

## AUGUST MEETING

This month's meeting will be held on **Tuesday 14th August** in the Auditorium at North Sydney Leagues Club, Abbot St Cammeray.

- 10:00 - 10:20 general business
- 10:20 - 10:30 personal corner
- 10:30 - 11:00 morning tea
- 11:00 - 11:55 guest speaker
- 11:55 wrap-up
- 12:00 - optional lunch and snooker

## GUEST SPEAKER

## Ross SCOTT

## Osteoporosis Awareness

*Osteoporosis? ...we don't have to be concerned about that. What did you say?*

Every five minutes, an Australian is hospitalised with an osteoporosis related fracture. Half of Australian women and a third of Australian men will experience an osteoporotic fracture after the age of 60, according to Osteoporosis Australia.

Osteoporosis is a medical condition in which the bones become brittle and fragile from loss of tissue, typically as a result of hormonal changes or deficiency of calcium or vitamin D. Osteoporosis affects most people eventually as they age.

*Perhaps we had better be concerned about that!*

This presentation gives information which will help people to establish and maintain healthy bones, recognise and manage their risk factors and continue an active and healthy life.

Ross is a trained volunteer peer educator with the Health Promotion Service. This means that he is himself an older person, personally engaged with the information he presents.

## PERSONAL CORNER

## Ross McDUIE

Career: HR Management/Leadership Counselling

Last position: Senior Associate

Interests: Occasional coaching consulting, grandchildren, golf, travel, wine, home handyman projects

Ross and Vickie live in Hornsby

## WINTER FEAST



## OUTINGS

### JIM'S JAUNT 16th August 2018 Darlington & Chippendale

*Something easy & different.* We start by catching the M30 red bus from Military Rd Neutral Bay. We should arrive about 9.30 at the second stop up City Rd from the Broadway, opposite the entrance to Sydney University, just after passing the Seymour Centre. We visit a small gem of a museum and indulge in nostalgia perhaps. We then walk through Darlington and Chippendale to lunch on Asian Student Food in Spice Alley, paying with a credit card. It is an easy flat stroll of some three km distance and three hours duration.

**Jim Holloway 0421 559 618**

**Ian Machin 9908 4423**

### DARLINGHURST GAOL Tour Tuesday 28th August 2018

The old Darlinghurst Gaol is one of Australia's oldest and best preserved examples of colonial sandstone



architecture, currently the National Art School. This tour is now fully booked.

## OUTINGS

### AUSTRALIAN CENTRE FOR FIELD ROBOTICS Tour

**Tuesday 25th September 2018**

The Australian Centre for Field Robotics at the University of Sydney (ACFR) focuses on the research, development and application of autonomous and intelligent robots and systems for outdoor environments.

During our visit we will have a presentation from Professor Stefan Williams, Head of the School of Mechanical and Mechatronic Engineering at ACFR who will tell us of the Centre's activities and achievements. After that we will visit the neighbouring lab to see some of the products the Centre has developed.

There are no set arrangements for lunch, just a short walk to the Kensington Street Eatery - described as a "must visit lifestyle precinct". Kensington St is home to restaurants, cafes, markets and galleries. Lunch choices are abundant.

The bus departs Norths at 8:15am; return is at your own arrangement. Cost \$10 per person to cover the coach hire. Add your name to the sheet at the next meeting, or contact **Tony at [abowra@alpha.net.au](mailto:abowra@alpha.net.au) or 0410 840 077** or **Bob at [bobpearce37@gmail.com](mailto:bobpearce37@gmail.com) 0400291373**

## SPECIAL INTERESTS

### ART & MUSIC John Brooks 9908 2820

**CONSERVATORIUM of MUSIC** has an open day on 25th August. On Wed 15th August at 12:30pm there'll be a free lunchtime concert of Stringed instruments, Harps will feature on 16th, the Big Band show on 29th and Classical Guitar on 30th August.

**S H ERVIN GALLERY** exhibits William Robinson's contemporary landscape paintings until 7th October

**MOSMAN ART GALLERY:** *Albany Awakes* until 16th Sept;

**NSW ART GALLERY:** King Henry 8th's portrait painting is exposed & scientifically examined until 9th Sept; more info on the website.

### CYCLING

**Stewart 9439 9609 Allan 9960 8830**

Mondays, usually 10am start, routes & durations vary. Saturdays, around the wharves & Barangaroo, about 25km, starting Glebe or Milsons Point at 7.45am, finishing around 10am. Contact Stewart or Allan for more details.

**GOLF Tony Travers 9439 4996**

Each Monday from 8.15am for 18 holes or 9.45am for 9 holes at the Lane Cove Country Club.

### MOVIE ENJOYMENT

**David Bruce-Steer 9419 7017**

We meet at the Cremorne Orpheum usually on 4th Monday each month. Look out for a flyer in the week before.

### ROLL-UP LAWN BOWLS

**Peter Cornish 9909 8994**

Roll-up Lawn Bowls is usually held at North Sydney Bowling Club at St Leonards Park every Wednesday morning.

**SAILING Ross Bruwel 0421 817 106**

Ross invites you to join him on board the beautiful *Renada* on Thursday 30th August; embarkation is normally at Middle Harbour Yacht Club. See Ross for further details.

**TENNIS David Harris 9488 5259**

Tennis should be held at *Love n Deuce* at Talus St Naremburn on 20th August between 2 and 4pm. Sign the sheet at Tuesday's meeting or contact David.



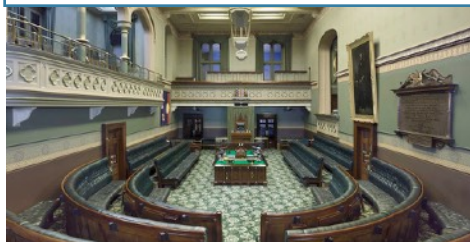
## AUSTRALIAN CENTRE FIELD ROBOTICS



### NSW STATE PARLIAMENT Tour.

**Tuesday 20th September 2018**

A visit to the NSW State Parliament House is planned. This follows an invitation to the club from MP Felicity Wilson to attend a lunch/refreshments from 1 to 2 pm followed by a visit to the public gallery during Question Time. Numbers are limited. Please contact Tony for further information **Tony Bowra 0410 840 077**



NSW State Parliament



### Sep GUEST SPEAKER

**Lt Colonel Riccardo BOSSI**

Living and fighting against war on terror in Afghanistan and UAE

### Sep PERSONAL CORNER

**Robert WRIGHT**

### VALE

**Rufus Wolfson**  
member since  
2005



**APOLOGIES** - We record everyone's attendance at meetings and any apologies. So if anyone brings an apology for someone, could you make sure it is recorded at the attendance desk when you arrive. It will then be recorded in the minutes as people expect to see their apologies acknowledged when they make the effort to tender an apology.

**Payments:** Kindly pay for outings in advance of any deadline and online if possible. When paying online, please ensure that you quote your name & the relevant activity, albeit abbreviated, in the description to minimise any confusion. Note the following bank account details:  
**BSB 082 057 a/c no: 28869 5672**  
**a/c name: Probus Club of Neutral Bay.**

This is sponsored by KWIKKOPY 6/129-133 Military Rd Neutral Bay ph 9953 3077  
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